



SURVIVING UF 101

Brought to you by Islam on Campus

Funded by SG

Your custom-made
guide to managing
school, work, and
personal relationships
all while staying on
top of your Deen



What is Islam on Campus?

KEEP AN EYE OUT FOR
OUR LARGEST EVENTS OF
THE YEAR: ISLAM
APPRECIATION MONTH
AND FAST-A-THON!



Islam on Campus (IOC) is an organization devoted to unifying and strengthening the Muslim community and to educating Muslims and non-Muslims alike about the religion of Islam. We aim to help students adjust both socially and spiritually to their lives at UF through educational, service, and social activities.

EDITOR'S NOTE

Salaam everyone! My name is Anna Khan, and I am this year's IOC Survival Guide and Chronicles Editor. I'm a sophomore Microbiology major on the pre-PA track, with minors in Business and Sociology. As someone still relatively new to college, I remember how

overwhelmed I was my freshman year and how much I would've appreciated a beginner's guide like this. I tried to include the most beneficial advice I could think of and I really hope it helps you all navigate this new chapter in your lives and helps you stay on the right path, Insha'Allah. If you ever see me around campus, please come say hi! You're all going to do amazing :)

Reasons to Join IOC...

- You meet so many amazing people who may share the same values and goals as you
- You have a constant support system and a myriad of resources from knowledgeable upperclassmen
- IOC will become your home away from home :)



Hunting for Food?

There are numerous halal options here in Gainesville, some even on campus! Here are some of our favorites ☺

- The Halal Shack (Reitz Student Union)
- Baba's Pizza (Reitz Student Union)
- Bite of Power (Walking distance)
- Manhattan Gyro
- Grill Express
- Tikka Express
- Kabab House



PRO TIP

Buy your own halal meat from the Halal Food and Fish Market or ZeeZenia market if you ever want to chef it up!

But Don't be Late to Class... or Prayer

Make sure you allocate time for the 5 daily prayers and plan your schedule accordingly. On campus, you can use the Reitz Reflection Room, Library West "Meditation" Room (which has a small wudu station), or go in a small room in the Marston computer lab in the basement. If anything, you can always pray outside as well, or walk a short distance from campus to the ICCG Masjid. I'd highly recommend investing in a travel prayer mat!



PRO TIP #2

Paynes Prairie is a post-Fajr prayer MUST to catch the stunning sunrise (Minutes away from the Hoda Center)!

Campus/GNV Need-to-Knows

- Summers are HUMID & RAINY – don't be caught without an umbrella! Ask for a free poncho at the Reitz or library
- Free printing at the Reitz (LL) and Newell
 - Reitz also offers help with legal issues, could be beneficial with those sketchy apartment leases...
- For the gym rats, download the Southwest Rec Center app to see real-time availability!
- Live on campus and need a late-night ride? Download SNAP for free, safe rides during select timings

Academic, Career, & Financial Advice

- Take advantage of every available resource
- Sign up for ListServes to get direct emails
- NETWORK!!!
- Upperclassmen are your best friends, they know the easiest classes, best professors, & can guide you to amazing opportunities
- Choose courses wisely, maintain a good balance between critical-tracking & easy/interest-based courses
- Explore your interests and check out different organizations and GBMs
- Book study rooms at Marston & LibWest online!!!
- Career Connections Center
 - Help with resume
 - Gator Closet for 1 free business-professional outfit per semester
- Don't bite off more than you can chew
 - Gradually build up, you'll learn your capabilities & study habits as you grow and mature
- Always try your best but PRIORITIZE YOUR MENTAL HEALTH !!!
- Call your family
- Go to the free campus events!



Dealing with Personal Relationships

- Don't compare yourself to others, everyone's journey is different. Have faith :)
- Talk in the IOC Freshman chat!
- Find a good group of Muslim friends who will help you stay on track (pray together, study together)
 - Few quality friends >>> many distant friends
- Surround yourself with people who love you for the sake of Allah SWT 100





Getting Closer to the Deen

PRO TIP #3

Need some advice?
HadithGPT provides
AI-generated
responses based on
the Hadiths (and
includes its
references)!



- Attend IOC events!
- Base your daily schedule around the 5 daily prayers (ex. Meet after Asr rather than @5)
- This religion is not one of blind faith; you will get your answers if you're sincere and do your research Insha'Allah
- Be unwavering in your foundation, solidify your Aqeedah and Fiqh, constantly purify your intentions for the sake of Allah SWT and avoid speaking on things you're unsure of and idle talk
- People treating you well isn't a prerequisite to you treating them well, uphold good character
- Prioritize your relationship with Allah SWT and try to visit the masjid as much as you can, the House of Allah SWT is your best refuge :)
- Unwavering trust in the Qadr of Allah will get you through everything.
- This Dunya is nothing more than a test, a temporary but beautiful lie. Our end goal is Jannah, Insha'Allah, so stay mindful and deliberate of your actions in this life
- You gain appreciation and love for the Deen the more you study it, learn about the Seerah of the Prophet and listen to the Quran as much as you can

Well-Educated Speakers

- Omar Suleiman
- Abdelrahman Murphy
- Nouman Ali Khan
- Belal Assaad
- Mutfi Menk
- Dr. Israr Ahmed

YouTube & Podcasts

- Merciful Servant
- Islamic Guidance
- Free Quran Education (animated! :D)
- The Digital Sisterhood
- Muslim Central

Understanding the Quran

- The Meaning of Islam (YouTube)
- Arabic 101 (YouTube)
- <https://www.islamicstudies.info/tatheem.php>

But if you don't remember any of this, IOC has got your back!

Have any questions or concerns? Drop in office hours of our very own IOC President, Omar Ateyah, timings and link posted in GroupMe

Or, email at
president@islamoncampus.com

PRO TIP #5



Reach out to our Bro-Co and Sis-Co to get involved :)



Brothers' Coordinator

Muhammad Hozien
(305) 799 - 9553
bro.coordinator@islamoncampus.com



Sisters' Coordinator

Zaineb Nabri
(786) 992 - 6935
sis.coordinator@islamoncampus.com

For more resources visit:



Islam on Campus @UF
Follow our IOC Alumni
LinkedIn page for
professional guidance



islamoncampus.com
Check out our newly
renovated website!